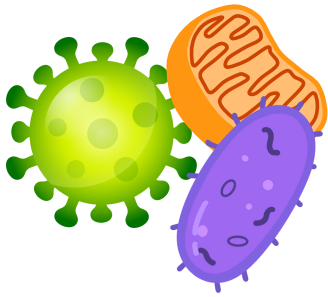


How do cavities form?

Bactéria

Sugar

Acid

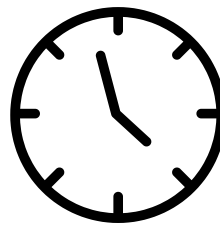


Acid

Tooth

Time

Cavity



To avoid cavities (holes in the teeth):

- Avoid sugary foods and drinks.
- Brush with fluoride toothpaste to reduce bacteria.