

School food: a shared responsibility

HOW MUCH?

Children decide how much food they eat, according to their hunger.



WHAT?



The parent is responsible for the contents of the lunch box and snacks.

Ask your child about his or her tastes and appetite.

When ?

Where ?

How ?

The school is responsible for the timing, location and ambiance of meals and snacks. It is also responsible for creating a pleasant atmosphere.

